



City of Westminster

# Supplementary Agenda

Title: **Health & Wellbeing Board**

Meeting Date: **Thursday 29th November, 2018**

Time: **4.00 pm**

Venue: **The LookOut, Hyde Park, London, W2 2UH**

Members:	<p>Councillor Heather Acton (Chairman)</p> <p>Councillor David Lindsay (Chairman)</p> <p>Councillor Sarah Addenbrooke</p> <p>Councillor Emma Will</p> <p>Councillor Nafsika Butler-Thalassis</p> <p>Dr Neville Pursell</p> <p>Dr Andrew Steeden</p> <p>Melissa Caslake</p> <p>Olivia Clymer</p> <p>Angeleca Silversides</p> <p>Dr David Finch</p> <p>Bernie Flaherty</p> <p>Andrew Howe</p> <p>Dr Naomi Katz</p> <p>Detective Inspector Iain Keating</p> <p>Detective Chief Inspector Seb Adjei-Addoh</p> <p>Hilary Nightingale</p> <p>Maria O'Brien</p> <p>Clare Robinson</p> <p>Basirat Sadiq</p> <p>Jennifer Travassos</p> <p>Spencer Sutcliffe</p>	<p>WCC - Cabinet Member for Family Services and Public Health</p> <p>RBKC - Lead Member for Healthy City Living</p> <p>RBKC - Lead Member for Adult Social Care</p> <p>RBKC - Lead Member for Families, Children and Schools</p> <p>WCC - Minority Group Representative</p> <p>Central London Clinical Commissioning Group</p> <p>West London Clinical Commissioning Group</p> <p>Bi-Borough Children's Services</p> <p>Healthwatch Westminster</p> <p>Local Healthwatch RBKC</p> <p>NHS England</p> <p>Bi-Borough Adult Social Care</p> <p>Bi-Borough Interim Director of Public Health</p> <p>West London Clinical Commissioning Group</p> <p>Metropolitan Police</p> <p>Metropolitan Police</p> <p>Westminster Community Network</p> <p>Central and North West London NHS Foundation Trust</p> <p>Imperial College NHS Trust</p> <p>Central London Community Healthcare NHS Trust</p> <p>Housing and Regeneration</p> <p>London Fire Brigade</p>
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**Members of the public are welcome to attend the meeting and listen to the discussion Part 1 of the Agenda**

**If you have a disability and require any special assistance please contact the Committee Officer (details listed below) in advance of the meeting.**



**If you require any further information, please contact the Committee Officer, Tristan Fieldsend Committee and Governance Officer.**

**Tel: 7641 2341; Email: [tfieldsend@westminster.gov.uk](mailto:tfieldsend@westminster.gov.uk)  
Corporate Website: [www.westminster.gov.uk](http://www.westminster.gov.uk)**

**Note for Members:** Members are reminded that Officer contacts are shown at the end of each report and Members are welcome to raise questions in advance of the meeting. With regard to item 2, guidance on declarations of interests is included in the Code of Governance; if Members and Officers have any particular questions they should contact the Director of Law in advance of the meeting please.

## **AGENDA**

### **PART 1 (IN PUBLIC)**

#### **9. DEMENTIA FRIENDS INFORMATION SESSION**

The Board to receive a Dementia Friends training session.

**(Pages 5 - 6)**

**Stuart Love  
Chief Executive  
28 November 2018**

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## Westminster Health & Wellbeing Board



## RBKC Health & Wellbeing Board

<b>Date:</b>	29 November 2018
<b>Title:</b>	Dementia Friends information session – Briefing Note
<b>Report of:</b>	Bernie Flaherty, Executive Director for Adult Social Care Bi-Borough
<b>Wards Involved:</b>	All

### 1. Background

- 1.1. The Bi-Borough, in partnership with Alzheimer's Society, has planned a series of information sessions for Members and senior staff from Westminster City Council and the Royal Borough of Kensington and Chelsea (RBKC) around dementia and Dementia Friends.
- 1.2. The information sessions have been provided because preventing dementia and supporting those with the condition and their carers through diagnosis and to live well is a key focus for the Health and Wellbeing Board in 2018/2019.
- 1.3. This is in line with both boroughs' Health and Wellbeing Strategies, which include priorities of supporting people with long-term conditions.

### 2. What is a Dementia Friend?

- 2.1. A Dementia Friend is someone who has learnt a little bit more about what it is like to live with dementia and the small things that can help those with the condition. They then turn that understanding into positive action. From telling friends about Dementia Friends to visiting someone you know living with dementia, every action counts.

### 3. Information Sessions

- 3.1. The Dementia Friends information sessions are run by volunteer Dementia Friends Champions, who are trained and supported by Alzheimer's Society.

Each information session lasts around one hour. In the session, members of the Health and Wellbeing Board will learn more about dementia and how to help create dementia friendly communities. Once a member has attended a session, they can sign up for a 'Little Book of Friendship'. This resource pack contains more information and tips on how to support those living with dementia to feel a part of our communities.

3.2. The interactive sessions typically last one hour. They cover the following issues:

- What is a dementia friend
- How dementia affects people
- Personal reflection activity
- Turning action into understanding
- How to make communities dementia friendly and turning understanding into action
- Questions and answers session.

3.3. After the Dementia Friends Information session, members of the Health and Wellbeing Boards will be asked how they think they can turn their understanding of dementia into a practical action.

**If you have any queries about this Report or wish to inspect any of the Background Papers please contact:**

**Sharon Grant, Strategic Commissioner**

**Email: [sgrant2@westminster.gov.uk](mailto:sgrant2@westminster.gov.uk)**

**Telephone: 02076415092**

#### **APPENDICES:**

N/A

#### **BACKGROUND PAPERS:**

N/A